

# Best Practice -1

**1. Title of the Practice:-** Holistic Development of the students' personality

**2. Goal**

Teaching according to curriculum is just one component of education for the multi-dimensional development of the individuals, the college students are made aware of vital issues like dignity of Labor, Social and civil responsibilities, For this the college makes sincere efforts in devising ways and means to develop confidence in them to enable them to confront head on most challenges of life GBCC invests a lot in this direction.

**3. The Context**

Today's contemporary competitive world demands the total formation of learners' personality. These days job market demands not only the students with good academic score but also stresses on the soft skills as well as their organizational abilities.

The demographic profile of the state is a matter of serious concern owing to skewed sex ratio. The rise in honor killings, female foeticide and increasing use of intoxicants by the Punjabi youth makes the situation quite worrisome In addition to this state is passing through agricultural crisis and rising graph of farmers suicides is a matter of deep concern.

It is in this above context that the college strives hard to provide an ambiance in which the personality of the student can blossom to its fullest potential. The task is supplemented by extra curricular and co-curricular activities in such a way that a perfect balance is maintained in the teaching-learning continuum.

#### 4. **The Practice**

The practice involves making the maximum number of students participate in different activities aimed at honing their innate talents and realizing their multiple personalities. The GBC clubs and bodies involve striking efforts in the pursuit of this practice.

At the time of admission a help desk for the students, of the students and by the students provides all the relevant information required by the admission seekers this inculcates in the student the spirit of helping others and also create the sense of responsibility and belongingness towards the society as well as college.

After the admission process is over, three days orientation programme is conducted extensively covering all the rules and regulations regarding curriculum, co-curricular and extra curricular activities it includes academics, Sports, youth club, N.S.S. and N.C.C. information. In this way a sincere effort is made by the college to motivate the students to make best use of the available resources in the college to develop their personality multi-dimensionally.

The college youth club provides opportunities to the student to exhibit their talent. Every year in the month of September TALENT HUNT program is conduct to sort out the students who excel in different cultural activities. Interclass and inter-college competitions such as elocution contests, poetry recitation, essay/story writing, poster making, slogan writing, soft skills are routinely organized by the club, singly as well as in collaboration with other clubs and societies. The topics for these contests are carefully chosen so that the spirit of competition and cooperation, fun element and social message get amalgamated.

Sports activities, NSS, NCC, Red-ribbon club & Red cross society strive to inculcate sentiments of patriotism and sympathy among the students.

Sports Unit imbibes and inculcates the sprit of sportsmanship and physical fitness among the students to prove that a sound mind lives in a sound body.

Three NSS units of GBCC organize camp in which the volunteers learn not only life skills but dignity of labor also. The NSS volunteers undertake cleanliness drive within the campus and in its periphery thus getting first hand experience of what it takes to be a manual leadership potential along with learning how to work synergistically in tendom with one another.

The NCC Camps also aim to bringing forth the leadership potential of the students while teaching them life skills and making them tougher for the hard grind called life.

The volunteers of Red ribbon club are entrusted with the responsibility of sensitizing the students and the society regarding prevention of AIDS and Drug De Addiction through their activities.

The Red Cross society of GBCC generate awareness about the importance of First Aid through its programmes This society also develop the spirit of patriotism by contributing to the state exchequer through sale of tickets to the students. This society is in MOU with Sadbhawana Hospital for any type of medical help round the clock for the students.

## **5. Evidence of Success**

Outstanding achievements of the college students in various fields show the remarkable outcome of the students in extra-curricular and co-curricular activities. The last four years achievements in these fields given below are fair enough indicator of the success of the practice.

### **Achievements in Academics (2012-13 to 2015-16)**

Every year our students from commerce degree perform excellently in the university examinations. During 2012-13, they bagged 16 merit positions which include one first position and one second position. During the year 2013-14, they got a meritorious position in the university merit list which includes one first position. In 2014-15 the university declared only final year students for merit in which two students were listed in the merit list of the university.

### **SPORTS ACHIEVEMENTS (2012-13 to 2015-16)**

- In the session 2012-13, Table Tennis team of girls achieved 2<sup>nd</sup> position in the Inter-college competition.
- Cricket Team was the winner of Malerkotla Zone and defeated Punjabi University team and overall bagged 3<sup>rd</sup> position at the Inter- College Competition in 2012-13.
- Chess team of boys bagged 3<sup>rd</sup> position at the Inter- College Competition in 2012-13.
- Our Athlete bagged 3<sup>rd</sup> position in the Inter college competition at NIS, Patiala. Our power lifter, Partap Singh won Bronze medal in Junior National Power-Lifting tournament at Lucknow from Feb, 1<sup>st</sup> to Feb, 5<sup>th</sup> 2012. He also won Silver Medal in North India Senior Power-Lifting competition held at Patiala.
- During the session 2013-14, our student Vishal Thapar of B.com.I won gold medal at all India Inter University Fencing Competition.
- Digvijay Moudgil won gold medal in open All India Karata Competition at Goa.
- Vishal Thapar won gold medal in Fencing Competition at all India level in

2014-15, he also won bronze medal at Senior National Games in Fencing Competition held at Kerala in 2015.

- Vishal Thapar also won gold medal and prize money of Rs. 55,000 at All India Fencing Competition in 2015-16 for the third time.

#### **NCC ACHIVEMENTS (2012-13 to 2015-16)**

- 'C' Certificate Examination: 44 cadets passed 'c' certificate examination (12 in 2012-13; 17 in 2013-14 and 15 in 2015-16)
- 'B' Certificate Examination: 53 cadets passed 'b' certificate examination (23 in 2013-14; 17 in 2014-15 and 13 in 2015-16)
- Army Attachment Camp: 07 cadets attended Army attachment camp in 2012-13.
- Thal Sena Camp: 17 cadets attended Thal Sena Camp (07 in 2012-13; 03 in 2013-14; 03 in 2014-15 and 04 in 2015-16).
- National Integration Camp: 02 SW Cadets U/O Sakshi and Manpreet Kaur attended NIC Camp at Amritsar in 2014-15.
- Personality Development through life skill course camp: 01 cadet attended this course at NCC Academy Malout Course Camp.
- Annual Training Camp: 87 Cadets participated in 4 annual training camps (38 in 2012-13; 12 in 2013-14, 10 in 2014-15 and 27 in 2015-16)
- Independence Day & Republic Day Parade at Patiala: NCC Cadets participate in NCC Contingent at Independence Day & Republic Day Parades every year.
- Sahara India Parivar Scholarship: Two cadets selected for Sahara India Parivar Scholarship worth Rs. 12000/- each in 2012-13.
- Yoga Training Camp: 10 day Yoga Training Camp was held from June 01 to June 10, 2015.

## **NSS ACHIVEMENTS**

- A contingent of 25 volunteers played the role of organizer at the Youth convention organized by the NSS Department of Punjabi University, Patiala on Jan 2014.
- Three volunteers participated in National Integration Camp (NIC)
- Every year three units of NSS constituting more than 200 volunteers participate in 7 days day-night camp with full enthusiasm.
- 10 Volunteers awarded with 'C' Certificate
- During this period more than 230 units of blood donated by the volunteers' time to time along with the services of Govt. Medical College Patiala, Rotary Club Patiala and Life line hospital of Patiala.
- Volunteers in collaboration with Basant Ritu Club, Tripuri Patiala, participated in a plantation drive of planting FRUIT TREES at tubewells of near by villages.
- Two of our programme officers were hounred and awarded by the Punjabi Univesity, Patiala for their outstanding contribution in the field of NSS in 2013-14 and 2014-15

### **Students' Achievements in Cultural Activities: (2012-13 to 2015-16)**

- 320 Students participated in the different cultural activities at various levels of Inter-College, Zonal, Inter-Zonal, and Inter-Institute.
- At the inter-Zonal/University level the college bagged 3 first positions and 11 Second Positions.
- At the state level 1 student bagged 1<sup>st</sup> position.

At the National level 1 college student participated for inter-university competition for soft skills.